

## Package leaflet: Information for the patient

# Aluric 100 mg & 300 mg Tablets

## Allopurinol

Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet.

### What is in this leaflet

1. What Aluric is and what it is used for
2. What you need to know before you take Aluric
3. How to take Aluric
4. Possible side effects
5. How to store Aluric
6. Contents of the pack and other information

#### 1. What Aluric is and what it is used for

Aluric tablets contain a medicine called allopurinol. It works by slowing down the speed of certain chemical reactions in your body.

Aluric is used:

- To prevent gout. This is a disease where your body produces too much of a substance called uric acid. The uric acid builds up in your joints and tendons as crystals. These crystals cause an inflammatory reaction. The inflammation causes the skin around certain joints to become swollen, tender and sore when only slightly touched. You can also feel severe pain when the joint is moved.
- To prevent other conditions where there is a build up of uric acid in the body. These include kidney stones and certain other types of kidney problem and when you are having treatment for cancer.

#### 2. What you need to know before you take Aluric

##### Do not take Aluric:

- If you are allergic (hypersensitive) to allopurinol or any of the other ingredients (listed in section 6).

If the above applies to you, do not take Aluric and talk to your doctor or pharmacist.

##### Warnings and precautions:

Talk to your doctor or pharmacist before taking this medicine.

Take special care with Aluric:

- If you have problems with your liver or kidney. Your doctor may give you a lower dose or ask you to take it less often than each day. Your doctor will also monitor you more closely
- If you have heart problems or high blood pressure
- If you are currently having an attack of gout
- If you have been told by your doctor that you have an intolerance to lactose. Aluric tablets contain small amount of lactose. If you have been told by your doctor that you have an intolerance to some sugars, contact your doctor before taking this medicinal product.
- If any of these apply to you, talk to your doctor or pharmacist.

##### Other medicines and Aluric:

Tell your doctor or pharmacist if you are taking any of the following:

- Acetyl Salicylic Acid
- Theophylline, used for breathing problems
- Medicines used for fits (epilepsy)
- Antibiotics
- Didanosine, used to treat HIV infection
- Medicines for cancer
- Medicines used to reduce your immune response (immunosuppressants)
- Medicines used to treat diabetes
- Medicines for heart problems or high blood pressure such as 'ACE inhibitors' or water tablets (diuretics)
- Medicines used to thin your blood (anticoagulants), such as warfarin
- Any other medicine to treat gout.

Please tell your doctor or pharmacist if you are taking, have recently taken or might take any other medicines.

##### Aluric with food and drink:

Take this medicine with food and water.

##### Pregnancy and breast-feeding:

If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before taking this medicine.

##### Driving and using machines:

You may feel drowsy, giddy or have problems with your coordination. If this happens, do not drive or use any tools or machines.

##### 3. How to take Aluric

Always take this medicine exactly as your doctor has told you. You should check with your doctor if you are not sure.

##### Taking this medicine

- Swallow the tablet with a glass of water.
- Take with or just after food.

##### Children (under 15 years):

- The usual dose ranges from 100 to 400 mg each day.

##### Adults (over 18 years):

- The usual dose ranges from 100 to 900 mg each day. You will usually start on a dose of 100 to 300 mg each day.

##### Elderly (over 65 years):

- Your doctor will prescribe the lowest dose that best controls your symptoms.

##### If you have a serious kidney problem

- You may be asked to take less than 100 mg each day or you may be asked to take 100 mg at longer intervals than one day.
- If you have dialysis two or three times a week, your doctor may prescribe a dose of 300 or 400 mg which is to be taken straight after your dialysis.

##### If you take more Aluric than you should

If you have accidentally taken too many Aluric tablets, talk to your doctor or go to the hospital straight away. Take the medicine pack with you.

##### If you forget to take Aluric

If you forget to take a dose of this medicine, take it as soon as you remember and then take the next dose at its usual time. If it is almost time for your next dose you should simply take the next tablet at the usual time. Do not take a double dose (two tablets at once) to make up for a forgotten tablet.

##### If you stop taking Aluric

Do not stop taking your medicine unless your doctor tells you to. If you have any further questions on the use of this medicine, ask your doctor or pharmacist.

#### 4. Possible side effects

Like all medicines this medicine can cause side effects, although not everybody gets them. The following side effects may happen with this medicine:

##### Allergic reactions

If you have an allergic reaction, stop taking this medicine and consult your doctor straight away.

The signs may include:

- Skin rash, flaking skin, boils or sore lips and mouth
- Very rarely signs may include sudden wheeziness, fluttering or tightness in the chest and collapse.

Do not take any more tablets unless your doctor tells you to do so.

If you experience any of the following, stop taking your medicine and tell your doctor as soon as possible:

##### Rare

- joint pain or painful swelling in your groin, armpits or neck
- yellowing of the skin and eyes (jaundice)
- liver or kidney problems
- feeling sick (nausea) or being sick (vomiting), occasionally with blood
- you notice any changes to your skin, for example blisters or peeling
- fever and chills, aching muscles and generally feeling unwell
- bleeding in the lips, eyes, mouth, nose or genitals

##### Very rare

- bruising more easily than usual, or having a sore throat or other signs of an infection. Tell your doctor as soon as possible. Occasionally this medicine may affect your blood or lymph system. These effects usually occur in people with liver or kidney problems
- high temperature
- blood in your urine (haematuria)
- high levels of cholesterol in your blood (hyperlipidaemia)
- a general feeling of being unwell
- weakness, numbness, unsteadiness on your feet, feeling unable to move muscles (paralysis) or loss of consciousness
- headache, dizziness, drowsiness or disturbance of your vision
- chest pain, high blood pressure or slow pulse
- male infertility or erectile dysfunction
- enlargement of the breasts, in men as well as women
- a change in your normal bowel habit
- a change in taste
- cataracts
- hair loss or discolouration
- fits (convulsions)
- depression
- build up of fluid leading to swelling (oedema) particularly of your ankles
- feeling thirsty, tired and losing weight. These may be symptoms of diabetes. Your doctor may wish to measure the level of sugar in your blood to check if this is happening.

If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet.

#### 5. How to store Aluric

- Keep this medicine out of the sight and reach of children.
- Do not use this medicine after the expiry date which is stated on the blister and outer packaging.

The expiry date refers to the last day of that month.

- Store below 30°C.
- Keep your tablets in the original packaging.

- Do not use any Aluric pack that is damaged.
- Do not throw away any medicines via wastewater.

Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

#### 6. Contents of the pack and other information

##### What Aluric contains

The active substance in Aluric is allopurinol.

- Aluric 100 mg: Each tablet contains 100 mg allopurinol.
- Aluric 300 mg: Each tablet contains 300 mg allopurinol.

The other ingredients are: microcrystalline cellulose, croscarmellose sodium, maize starch, magnesium stearate.

##### What Aluric looks like and contents of the pack

Aluric tablets are white, round, scored tablets.

- Aluric 100 mg: Box of 50 tablets.
- Aluric 300 mg: Box of 30 tablets.

##### Marketing Authorisation Holder and Manufacturer

Pharmaline, s.a.l – Lebanon  
P.O. Box 90201 Jdeidet-El-Metrn, Lebanon  
Contact us: pharmaline@mallagroup.com

Registration No for Aluric 100 mg tablets in Lebanon: 27566/94

Registration No for Aluric 300 mg tablets in Lebanon: 27567/94

##### This is a medicament

- A medicament is a product which affects your health, and its consumption contrary to instructions is dangerous for you.
- Follow strictly the doctor's prescription, the method of use and the instructions of the pharmacist who sold the medicament.
- The doctor and the pharmacist are experts in medicine, its benefits and risks.
- Do not by yourself interrupt the period of treatment prescribed for you.
- Do not repeat the same prescription without consulting your doctor.

Council of Arab Health Ministers  
Union of Arab Pharmacists

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This leaflet was last revised in January 2015.

Rev. 04/2015 905351-E